



To Study the missing Component of Higher Education : Guidance & Counseling

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ABSTRACT

Guidance and Counselling is essential for students to develop their potentialities and reach the stage of completeness and maturity. It can be informal, non-specialist, or professional. Guidance is an individualized process to help individuals understand their abilities, potentialities, and interests, and reach a stage of complete and matured member of society. Guidance and Counselling is essential for students to make informed decisions and excel in different fields and departments. Guidance and Counselling is essential for students to choose courses based on their interests, abilities, aptitudes and potentialities, with realistic, objective and futuristic goal-oriented choices. Guidance and counselling should be an integral part of education to help students identify and develop their abilities and interests, and prepare society with competent trained manpower in art, agriculture, medicine, science and technology. Guidance & Counselling services should be considered an integral part of the education system, with the appropriate selection of courses and career in consonance with the interest, abilities, aptitude and job prospects. Mass Media should indoctrinate youth with differences in abilities and the multiplicity of courses available in different Universities. Guidance & Counselling is an integral part of the education system, providing hope and developing personalized human beings for the development of Futuristic India. The paper attempts to explore the importance components of Guidance and Counselling in the present paper.

Keywords: *Guidance, Counselling, Mass Media, Education, Abilities, Interests.*

In the world, India is the second largest system of higher education having different socio-economic status of the society, which satisfies the educational needs of million of students. A sufficient academic qualification develops the attitude and leadership with different phases of life among the students. Therefore it is important purpose to choose the appropriate courses which should always be in consonance with the interest and innate potentialities of the student. Having poor socio-economic status of students is disadvantageous stage because lack of proper Guidance at their homes, due to insufficient intellectual background of their gaurdians. Generally the mature persons having more experience and expertise to use the extend their advice for young one who have less knowledge and experience about the surrounding as world. However world become more complex and life turn off to be problematic therefore the people around us with smartly experienced could give their expertise advice which helped the students to overcome from their difficulties or the situations.

Every student/individual will be familiar to understand his abilities and interest with the help of proper Guidance. He can develop maximum possible potentialities in his life span

which helps the individual to co-relate their life goals and to reach the stage of completeness and maturity with self-Guidance.

Guidance and Counselling took mainly these forms

1. Informal
2. Non-specialists
3. Professional

According Jones 1970 explain the purpose of Guidance

“To give means to indicate, to point out, to show the way. It means more than assist.”

According D crow and Alien crow explain the Guidance

"Guidance is not direction. Neither it is imposition of one's point of view upon another nor to making decision for an individual which he should make for himself. It is not carrying the burden of another's life, rather guidance is assistance made available by personality qualified and trained individual of any age to help him manage his own life activities, develop his point of view, make his own decision and carrying his own burden."

Guidance is also called Counselling meant for assisting the individual to achieve self-direction and educational, vocational and personal judgement of balanced behaviour. It is highly personalized and individualized process for helping any individual to understand his abilities, the potentialities and interest to developed himself in well-mannered personality and can co-relate his life goals. Finally to reach on a stage of complete and matured member of the society.

Woofy et. al (1987) described Counselling

"Helping people to help themselves to live their lives more effectively which involves four stages as exploring, understanding, decision making and acting."

A/c to Buford and Stewart

“Guidance is the help given by one person to another to making choices and adjustment in solving problem. Guidance aims to aiding the recipient to grow in his independence and ability to be responsible.”

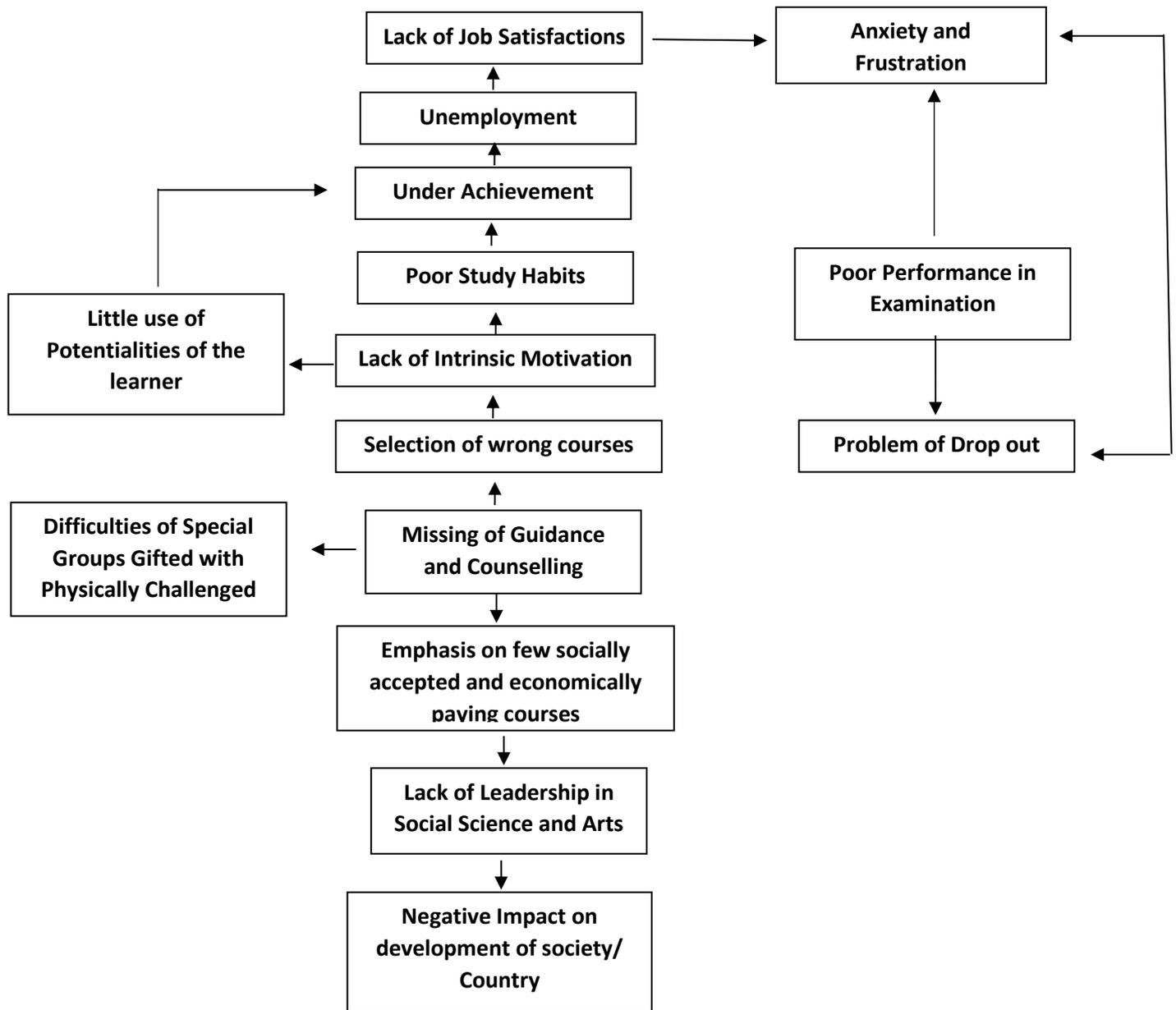
While A/c to Ruth Strang

“Counselling process is a joint quest. The student responsibility is to try and understand himself and the direction in which he should go and to gain self-confidence in handing problems as they arise.”

Missing component of Guidance and Counselling of higher education

Every person have individual difference according to psychology therefore any two persons are not alike in the world or society. Guidance and Counselling program helps the student to prepare/ to make appropriate decision making either with inter and intra-individual difference. Every society needs such a members having different path/goals of life to carry out the working successfully in the light of their inner potentialities. For this purpose, we

required a well-organized and accessible assistance of guidance & counselling programme at each level of education system. In the absence of proper information of Guidance and Counselling program among the students may faced many number of problems and deviate from their original aim of education/profession to excell in different fields and department. This diagram representing the disadvantages of missing of Guidance and Counselling.



Variety of courses in higher education- There were only three universities in Bombay, Calcutta and Madras in 1857 setup by British rulers in India. At the time of Independence in 1947, there were only 20 universities, 500 colleges with 2.1 lakhs enrolled students. Now upto Feb 2023 the number of higher education in India with 1113 universities, 43,796 colleges and upto approx. 55 thousand higher education institutions. The enrollment 41.1 crore students with 20.1 million are female students upto 2020-21, which shows the 20% enrollment in higher education of the world sustain in India. Due to expansion of private

colleges every year with the recommendation of universities and government of India to accommodate increasing aspirants to higher education. In the present circumstances persons from each section of the community either male or female or from rural or urban areas also making load on higher education specially first generation learners without proper Guidance and Counselling in choosing the courses/academic subjects. It is also difficult to choose their courses in the light of their interest, abilities, aptitudes and potentialities in absence of proper guidance of expertise of different field or areas. Maximum student of the country came under pressure in the selection and to perform perfectly in those subjects which are choosed by their parents or socially prestize pressure not by the choice of their interest and potential. The choices should be realistic, objective and guide by futuristic goal oriented when choosed accordingly to interest and potential of the students.

Corney and Wells (1987) described that

"Growth and changes must be built into any career decision making. They are the heartbeat of the process of career planning"

Objective of Guidance & Counselling programme.

It is essential necessity of guidance and counselling cell to be opened in every level of education. It is a demand of modern era which cannot be denied for a long time in present situation. The objective are following:

To help in Educational development of the Students

- To recognize backward or unabled student and to organized remedial instruction for student.
- To observe and evaluate educational progress of student.
- To recognize talented and creative student.
- To diagnose the problem of slow learner and physically handicapped and organized proper arrangement of education.
- To give information for admission and future education of the student.
- To help in professional and career guidance:
- Giving information, experience and advice in regard to choosing an occupational, prepare of it, entering it and progressing it.
- To introduced attitude and potentialities of student in choosing the courses and profession for future life.
- To collect information for profession and career achievement.
- To analysis professional information and to help the student to choose according to their interest, ability and potentiality.
- To provide available information for self-employment.
- To give guidance for progress and adjustment in profession.
- To facilitate self-understanding and self-development.
- Planning, placement and following programs for helping students in selection to utilize opportunities of work and employment.
- Helping in adjust in occupation, effective use of human powers and to provide facilities for economic development of the society.

To help in personal and professional life.

- Diagnosis the problem of personal adjustment and to help them in adjustment.
- Development of cooperation and coordination among the student.
- Develop the values, ideal and good habits among the student.
- Proper use of leisure time in art, craft and music.
- To help in maintaining the mental health.
- To trained in social behavior.

According **Kothari Education Commission (1964-66)**

Guidance and counselling should be regarded as an integral parts of education and aimed to assisting the individual decision making and adjustments from time to time. It should help in the identification and development of the abilities and interest of student

- To identify gifted youth and develop their potential with proper attitude and choose interest, aptitude with moral and intellectual vales.
- To prepare society with competent trained manpower in art, agriculture, medicine, science and technology and other professions by which each individuals imbued with sense of social responsibility .

These are major objective which can be achieved in a real sense when the students have choice to select courses for their studies not by socially approved aspirants. It is really astonishing that guidance and counselling is important but most neglecting and missing component in higher education system at colleges and university level.

Selection of career is not only a sensitive but a critical issue and it should be handled cautiously and carefully which is difficult for immature minds. Thus intelletually right selection of courses which provides intrinsic motivation among the learners. It is also an important factor in helping youth to achieved goal both within institutions and the community.

For present paper, investigator choose a out a small survey method to find out the availability of Guidance & Counselling services and functioning in different colleges of Bijnore district Region. For this purpose a questionnaire was prepared having questions related to the facilities of Guidance & Counselling Cell running in college of higher Education.

Sample :-

There were only twenty five colleges & institutions selected randomly and the questionnaire was sent to the head of colleges. The responses were received only fifteen from the colleges. Then data was analysed and interpreted which is presented below. Tools & Techniques of guidance may vary from individual but understanding knowledge and skills with which they handled are universally recognized as of great importance. Success of Guidance & Counselling services largely depends on the sincerity and expertise of guidance worker and counsellors.

Findings :-

Out of fifteen colleges only seven has got guidance & Counselling cell. Institution/Colleges provides Guidance & Counselling services for their students only to increase the enrolment in only professional course as B.Ed., M.Ed., ANM, GNM and other diploma courses. There is no system of conducting the psychological test to know cognitive and non-cognitive components which serves as existence of every Guidance & Counselling programme. Thus, the selection of courses in the light of strengths & weakness of students is almost missing in our higher education system.

Discussion :-

The above result is based on a study conducted on small sample So the results may not be generalized. Researchers must come forward to find out facilities of Guidance & Counselling programmes for higher education system. Guidance & Counselling should be considered as an integral part of our education system. So the appropriate selection of courses and career must be in consonance with the interest, abilities, aptitude and job prospects in the market.

Suggestions :-

The future achievement and performance of students, teacher and College/Institution very much depends on the success of Guidance & Counselling programmes. Guidance & Counselling can help students to become the producer of knowledge, Following suggestion suggested Guidance & Counselling programme of our education system.

- Mass Media must indoctrinate youth having differences in abilities and the multiplicity of the courses available in different University.
- Discussion should be a regularly feature on Television in the youth programme. University & Colleges students should be given chance to participate & satisfies their quires with regarding to their educational/career problems.
- A short term training course should be organized for colleges & University teachers to trained Guidance & Counselling programme. Teachers having proper knowledge & necessary skills which required to work out from the problems of the students.
- NCERT in collaboration with SCERT & DIETs must launched training programme for in services teachers, at least one teacher should be appointed at secondary level students in every college/institution.
- MHRD & UGC must start to funding workshop for the training in Guidance & Counselling of the teachers.
- To empower the Girls students sensitively and focused manner about their success which they consider as a sign of self-respect empowerment for future security. Special efforts are needed to tackle by evolving a support system based on the cooperation and coordination of parents, teachers & counsellor.

Conclusion :-

Guidance & Counselling as an integral part of entire education system. It is the need of modern era because millions of students who are first generation learners in higher education

are attracted towards few socially accepted vocations and professions without knowing their abilities, interests and aptitudes. This tendency is dangerous for them as well as for the development of the country. Guidance & Counselling can provide light of hope in our youth to achieved the desirable Goal. It will also develop the component and well personalized human being which is need for the development of Futuristic India.

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